



Newsletter

May 2023

# ARUNDEL LODGE behavioral health

*hope re-imagined*





# Where to Find Us

## Online



ArundelLodge.org



/arundellodge



/arundel\_lodge



## Contact Info

### **Arundel Lodge, Inc.**

2600 Solomons Island Road  
Edgewater, Maryland 21037  
(443) 433-5900

### **Behavioral Health Urgent Care Center**

2002 Medical Parkway, Suite 460  
Annapolis, Maryland 21401  
(443) 590-3224

### **First Step Recovery Center**

1819 Bay Ridge Avenue, Suite 220  
Annapolis, Maryland 21403  
(410) 280-2333



# Open Eye Gallery

## Upcoming Art Show

### Annapolis City Hall Art Exhibition

JOIN US FOR THE OPENING RECEPTION

Monday  
**May 8<sup>th</sup>**

5:30 - 7:00pm

Annapolis City Hall Gallery  
160 Duke of Gloucester Street  
Annapolis, Maryland 21401

\*Light refreshments will be served\*

Over 30 works of art from  
Arundel Lodge artists will  
be on display

Show runs through June 30th

For more information:  
Anita Hagan, Gallery Director  
Open Eye Gallery at Arundel  
Lodge  
[ahagan@arundellodge.org](mailto:ahagan@arundellodge.org)

## Artist of the Month

### Deontray N.

The piece of art seen here, *Shadow Green*, was created by Deontray N. He cites his inspiration for this piece as the light color of the green. Deontray's favorite thing about being an Arundel Lodge Open Eye Gallery artist is the the amazing people he is surrounded by and his art teacher, Anita. Deontray's favorite type of art to create is mixed media pieces, with a special interest in spray paint. Deontray finds inspiration in everything and wants people to know that he is "as cool as a fan."

Keep up with all of our artist's new work  
over on the Open Eye Gallery Instagram!

**@OpenEyeGalleryArundelLodge**



# Featured Program

## Supportive Employment Program

The Supported Employment Program (SEP) at Arundel Lodge supports individuals ages 16 and older with behavioral health disorders and substance use disorders who have been unable to get or maintain competitive employment. SEP is managed by Kiera Douglas, who has been with Arundel Lodge since 2014. Kiera is aided by the amazing SEP team.

The Supportive Employment Program has approximately 30 clients currently enrolled, which has decreased since the start of the pandemic. With Covid restrictions slowly being lifted, the SEP team is working diligently to get more clients enrolled again so they can blossom into success with the support of the Employment Specialists.

The function of the Employment Specialists is to work as a team to keep clients motivated, uplifted and encouraged to make sure they are successful in obtaining competitive employment. They also work to make sure clients keep their jobs through coaching and communication with their employers. They take great pride in creating a positive atmosphere with a goal of creating a safe space where clients feel supported, heard and understood.

In May, the SEP team will host a "Spring Into Success" event where both currently enrolled and prospective clients will have the opportunity to learn more about the program, listen to testimonials, and participate in games.

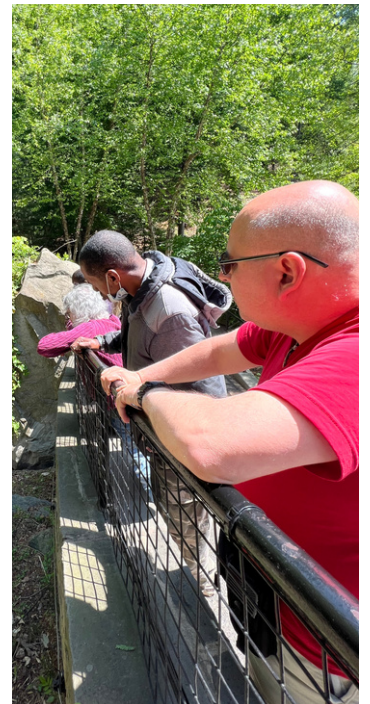




# Recent Events

## Day Program Goes to the Zoo

At the end of April, Day Program clients and staff enjoyed a fun filled outing to the National Zoo. The zoo trip is the biggest and most anticipated outing of the year. This year, approximately 40 clients attended with accompanying staff. Clients were separated into groups of peers with similar interests and abilities so that they could choose specific exhibits that they wanted to see. They were also able to enjoy a picnic lunch and socialization before returning to ALI.





# Recent Events

## Easter Egg Hunt

The Day Program hosted a small Easter egg hunt for the clients where they got a chance to hunt for eggs and win gift cards to Dollar Tree. Everyone was encouraged to attend and the event had a great turnout!



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## ASL Walking Group Goes to Quiet Waters

One of the many classes and groups ALI offers is the Walking Group. Clients go to different destinations to get their steps in and discuss their physical health goals. In April, the ASL Walking Group went to Quiet Waters Park. ALI strives to offer classes in ASL that mirror the classes offered for hearing clients so that our deaf clients can learn with their peers in a language and format that is suited for them rather than having to rely on an interpreter all the time.





# Upcoming Events

## Spa Day Donations Needed

Arundel Lodge will host their bi-annual client Spa Day on May 18th. The Spa Day event supports our Day Program clients by improving their quality of life through providing free and accessible daily living items.

We are in need of donations of ALL basic toiletries, with a goal of 150 of each item. Full-size shampoo, conditioner, body wash, deodorant, toothpaste, toothbrush, lotion and washcloths/loofas are our most needed items. Donations can be dropped off at the ALI Main Campus through Friday, May 12th.





# Annual gala 2023

## Volunteers Still Needed

The Development Department is searching for people to join the Annual Gala committee. Volunteers will help plan, prepare for, and execute this year's gala. Please contact Mary Henry, Development Director, at [mhenry@arundellodge.org](mailto:mhenry@arundellodge.org) for more information.



A GALA BENEFITING ARUNDEL LODGE

## SAVE THE DATE

OCTOBER 21, 2023

THE BYZANTIUM | ANNAPOLIS, MARYLAND

INVITATION AND DETAILS TO FOLLOW