



April 2018



#### Our Mission!

Improving the lives of children, adults, and families impacted by mental health and substance use disorders.

Donate Today

Amazon Smile

#### Greetings!

Thank you for all the love and support extended by our community during recent difficult times.



### UPDATE

As many in our community know, on Saturday, April 21, 2018, a fire broke out in a Severn house which serves as one of 32 Residential Rehabilitation homes operated by Arundel Lodge. Several people were safely evacuated. Sadly, the lives of two of our residents – Walter McCardell and William Garcia – were lost, along with one of our staff – Barbara Brown – who died while bravely trying to save others. We cannot express enough how devastated we still are. In Arundel Lodge's more than 40 years of serving the community, this is the first incident of this kind and the tragedy continues to weigh heavily on all of us.

Arundel Lodge has worked closely with the Anne Arundel County Fire Department to investigate the fire and identify a cause. Lieutenant Mayers of the Fire Marshall's office informed Arundel Lodge that the fire was accidental and the result of a fault in a duplex electrical receptacle. We are so very grateful to the Anne Arundel County Fire Department, Anne Arundel County Police, and the Crisis Response Team for their quick response, and to all of the staff and neighbors who helped usher people to safety. It is in these moments of trial, that the kindness of humanity shines brightest.

Thank you for all of the outpouring of love and condolences from the community while we continue to provide support to families and friends of those we lost, as well as staff.

Some of you have expressed a desire to provide assistance. Arundel Lodge will need to rebuild and replace the items that were lost, including furniture, clothing, bedding, etc. We do not have extra storage space, therefore, we are requesting monetary donations at this time. If you would like to place a donation, please visit [www.ArundelLodge.org](http://www.ArundelLodge.org), or click the DONATE button below.

Thank you for your kindness and support during this time and always.

Warmly,

Mike Drummond  
Executive Director

DONATE

### DID YOU KNOW...

#### Alcohol is Not a Rite of Passage

Alcohol is the most widely misused substance by young people in the US.

Do you remember your prom? Ladies, how long did it take you to find the perfect dress? Gents, do you remember what it felt like working up the nerve to ask that special girl to be your date? Did you envision the entire night? Dancing, maybe drinking? It's prom season and there are some things we should all keep in mind for the sake of the young people in our lives.



Keep Reading

### HIGHLIGHTS

#### Anita's Got Sole



"Arnold" is a long-time resident in Arundel Lodge's Residential Rehabilitation Program. He suffers from chronic lymphedema which causes his left leg to swell several times its normal size. As a result "Arnold" requires expensive, custom-made, orthotic shoes. He waited for several years for his social entitlement benefits to come through so that he could replace his deteriorated old pair of shoes. The summers were uncomfortable without shoes, but the winters were miserable as he waded through snow and ice wearing only socks on his feet because no regular shoe fit.

Anita Holton, Senior Residential Program staffer, realized that sometimes, just doing your job every day isn't enough, so she took matters into her own hands. Embodying the spirit of Arundel Lodge and its mission, Anita developed a GoFundMe fundraising page with the heading "Have a Heart! Help Me Get Some Shoes."

Spreading the word among family, friends, and her motorcycle club, the Severn Chapter of Eccentryk Lady Riderz, Anita was able to reach her goal of raising \$1,400 in just three months. "Arnold" now



has a new pair of shoes that are comfortable and keep his feet warm. Arundel Lodge extends a heartfelt thank you to Anita for reaching out to her network to help someone in need.

## Arundel Lodge FAQ



Arundel Lodge receives many recurring questions from community members wanting to know more about what we do, those we serve, and the programs and services we offer. We are pleased to provide the community with answers in this section. If you have any questions, email them to ["I Have a Question"](mailto:info@arundel.org) and we will do our best to answer them. You may even see your question in our next newsletter!

[Read Previous FAQs](#)

## Meet the Team

### The T A Y Team

Transition Age Youth, ages 16 to 25, face many challenges as they navigate the transition into adulthood. This is especially true for youth with a diagnosis of a chronic behavioral health disorder. One of the biggest challenges can be establishing academic and/or employment goals. Arundel Lodge's Transition Age Youth Program (TAY) team is here to help make this transition successful. Let us introduce the TAY Team.



The TAY team is led by Karon (J.R.) Wilson, MS, LCPC, NCC, Transition Age Youth Program Manager. He has been with Arundel Lodge for five years. When asked what brought him to Arundel Lodge, J.R. said, "I was newly licensed as a therapist and I knew Arundel Lodge could help me grow in serving others." J.R. hopes that he can help persons served achieve their highest level of wellness and assist transition age youth with becoming successful independent adults. J.R. received his Master of Science in Pastoral Counseling from Loyola University Maryland.

Victoria Bing has been with Arundel Lodge since 2016. She says her passion has always been for all ages with special needs, with a primary focus on children and senior citizens. Victoria explains, "I knew at an early age that I wanted to work with children so I started the process when I was just a preteen. I then went to school for childcare for children with and without special needs along with home health aid and hospice care." Victoria started in the Senior Residential Rehabilitation Program at Arundel Lodge before transferring to the Supported Employment Program. When given the opportunity to work with the TAY program, she was both excited and nervous. "It was a challenge in the beginning, but well worth it. Everybody deserves a chance to make it in life. Even if I may not see the progress I've hoped for right away, there's not a moment that passes where I feel my work is in vain. To be able to give back, help people overcome, and watch someone reach their goals has undeniable longevity."

The third member of the TAY team is Tonisha Patterson who joined Arundel Lodge almost a year ago. Tonisha was so excited about working at Arundel Lodge, that she applied while in her third semester of her Master's program in human services. "I really wanted a place that would allow me to gain solid experience in the mental health field. I also wanted a change from the hospitality industry." Tonisha has her Bachelor's degree in Hospitality Management. We asked Tonisha what she would like to accomplish at Arundel Lodge, she says, "I would like to encourage others to become more educated about different aspects of mental health and how it can affect anyone at any time."

### Volunteer Opportunities



I interested in volunteering at Arundel Lodge? See our volunteer opportunities and choose the one that's right for you! [Read more](#) :

**Be part of the Arundel Lodge volunteer team!**  
Contact [Cindy Garmoe](#) or call (443) 433-5906

## Community Happenings

### Open Eye Gallery

The Open Eye Gallery at Arundel Lodge is having a busy spring with participation in three local shows:

- *Over the Rainbow*, Artists Without Limits, Arundel Center, 44 Calvert Street, Annapolis, April 19 to June 1
- *Transformations*, at 49 West Coffeehouse, Wine Bar and Gallery, 49 West Street, Annapolis, from March 30 to May 2
- *Artists on the Half Shell*, Muddy Creek Artists Guild's 10th Annual Spring Art Show & Sale, April 20-22 and April 27-29, at South River Colony Main Street Shopping Center, Edgewater





Margaret receives certificate at Artists Without Limits show.



Colin receives a certificate at Artists Without Limits show.



Panel of Open Eye Gallery artists' work at Muddy Creek show.




Artist's bin at Muddy Creek show.

### One-Man Show

Arundel Lodge congratulates Colin! Colin is having a one-man show now until June 6th at ArtFarm, 45 West Street, Annapolis, MD. We are not the only ones that think this is something special! *The Capital Gazette* ran an article about Colin and his work. The article and an interview can be seen on their [website](#). A reception was held at ArtFarm on Sunday, May 6th during this year's "First Sunday Annapolis" event.



Colin and his art



**COLIN LACEY**  
ART OPENING MAY 6 (4-6)  
AT ARTFARM THROUGH JUNE 6  
45 WEST STREET · ANNAPOLIS

**ARTFARM**  
artfarmannapolis.com

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