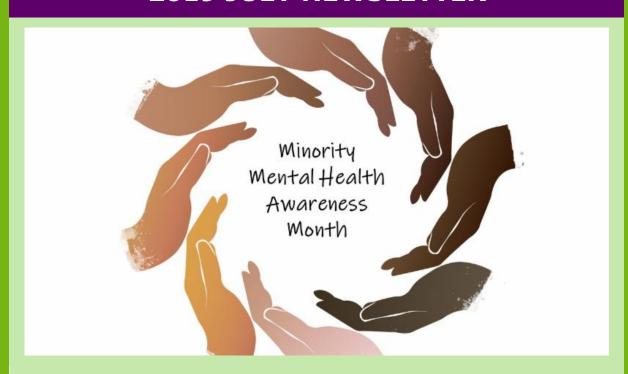


## **2019 JULY NEWSLETTER**



#### **Our Mission!**

Improving the lives of children, adults, and families impacted by mental health and substance use disorders.

**Donate Today** 

**Amazon Smile** 

### Greetings!

We hope you are enjoying the beautiful weather and summer activities! Arundel Lodge is thrilled to share updates on the organization, upcoming event information, and happenings in the community.









# **ARUNDEL LODGE UPDATE**

**Arundel Lodge hires Veteran for Supported Employment Program!** 

Ashley Louden joins Arundel Lodge as the newest Supported Employment Program Specialist, following a successful career in the US Navy. With a college

degree in Criminal Justice and a minor in Psychology, as well as her military experience, Ashley is a key addition to the SEP team who will be helping veterans receiving services at Arundel Lodge find jobs.

As a veteran herself, Ashley knows the struggles and stress service men and women, newly out of the military, face with finding employment, housing,



insurance, and re-integrating into the community. In 2018, when it was Ashley's time to leave military life, she faced similar struggles. Her challenges and experiences in completing college, looking for employment and housing, and obtaining insurance coverage while seeking employment make her a passionate, empathetic, and knowledgeable resource for our veterans.

Click Here to Read More about Ashley!

# **DID YOU KNOW...**

## The Importance of Interpreters in Healthcare



"Of the more than 37 million adults in the United States who speak a language other than English, nearly half report that they speak English less than very well (1)," according to the Georgetown University McCourt School of Public Policy.

Ideally, a person's healthcare provider speaks one's own language, but that is not always the

case and to paraphrase Voltaire, "Perfection is the enemy of the good."

Politics notwithstanding, imagine that you need to access behavioral health services, but you do not speak English and you are met by a provider who does not speak your language. You are unable to tell your story, express your needs, and receive life-saving treatment. Interpreters are the next best thing. Unfortunately, interpreters are not always available when people are at their most vulnerable. "Among non-English speakers who needed an interpreter during a health care visit, less than half report that they always or usually had one."(2) Language and communication barriers can lead to healthcare disparities, including patient/client dissatisfaction, poor adherence to treatment, misdiagnosis, and overall lower quality of care.

Click Here to Read the Full Article!

## **HOPE RE-IMAGINED: ALL ABOARD GALA**

### **Raise Those Paddles for a Good Cause!**

Join Arundel Lodge, Saturday, October 19, 2019 at the Crowne Plaza Annapolis for cocktails, dinner, dancing, live entertainment, and raising funds for a great

cause! One of the highlights of the Hope Re-Imagined: All Aboard Gala is the Auction, with over 50 fabulous items and experiences. Take a sneak peek at some of the auction items you can bid on at the event!



**Click Here to Preview the Auction Items!** 

# FAQ: Does Arundel Lodge provide services for speakers of other languages?



Language barriers can affect not only the quality of healthcare community members receive, but whether or not they choose to seek out treatment at all.

As a result, Arundel Lodge has been a long-time provider of services to speakers of other languages in many of our programs.

Click Here to Read About What Bilingual Services we Provide!

# **MEET THE TEAM**

Meet Veronica Castillo, a bilingual therapist at Arundel Lodge! Veronica's first language is Spanish and she is a native of Puerto Rico, where she obtained her BA in Psychology and Social Human Studies, as well as a Post Certificate in Education at the Interamerican University of Puerto Rico. Veronica received her Master's in Clinical Counseling from The Chicago School of Professional Psychology in Washington, DC.



its vibe."

Veronica serves Arundel Lodge's Spanish speaking clients including adults and children, helping them address trauma, develop coping strategies, and achieve recovery goals in their first language.

When asked why chose to work at Arundel Lodge, Veronica said, "I've wanted to work for Arundel Lodge since I was pursuing my undergraduate degree in psychology. I came to train on Oppositional Defiant Disorder (ODD) and fell in love with the organization and

**Continue Reading Veronica's Story Here!** 

## **VOLUNTEER OPPORTUNITIES**



### Be part of the Arundel Lodge volunteer team!

Interested in volunteering at Arundel Lodge? See our volunteer opportunities by <u>clicking here</u> and choose the one that's right for you!

### **Questions?**

Contact Deborah Wienhold or call (443) 433-5900 ext. 5843

## **COMMUNITY HAPPENINGS**





### **Come Join Our Vet Walk**

Veterans and Families Walk and Talk in Nature
Supporting One Another



## **Upcoming Dates**

August 17

Sept 21

Oct 19

 $Contact \cdot George \ Benitez \cdot (US \ Army \ RET) \ 254-931-7078$ 

Sign Up for FREE Here!

Website About Programs & Services Resources Contact Us

2600 Solomons Island Rd

Edgewater, MD 21037 Phone: (443) 433-5900