



hope re-imagined!

eNewsletter
November 2020

Honoring All Who Served!



Veterans Wellness Program Advisory Committee News!

Today, in collaboration with members of its Advisory Committee, [Arundel Lodge, Inc.'s \(ALI\) Veterans Wellness Program launched its Facebook page.](#)

The launch was inspired by Air Force active duty service and **Veterans Wellness Advisory Committee** member Deana Heitzman. She suggested creating an online space where [ALI Veterans Wellness Program](#) participants can

connect with one another and the broader veterans community by sharing their stories. Cultivating a sense of community is critical for many veterans who may face numerous challenges as they transition to and navigate civilian life.



Arundel Lodge, Inc. Veterans Wellness Program updated ...
their profile picture.
November 9 at 2:08 PM · 🌐



Rogers Belch, veteran, ALI therapist, and Veterans Wellness Advisory Committee member, knows something about those challenges. "We've lost our squad, our platoon, our company," Rogers said, "that someone on your right and on your left that you'd trust with your life."

Rogers describes [ALI's Veterans Wellness Program](#) as a "community-based hub, a one-stop-shop. It's a bridge between two worlds - to community. A place where we know where we are and know where we're going. We can come here and catch our breath."

The **Veterans Wellness Program at Arundel Lodge** provides a holistic, person-centered approach to addressing the psychological, social, emotional, physical, and environmental needs of military veterans and their families. We understand their ultimate desire is to find a quality of life that embraces wellness — an empowering choice toward a healthy and fulfilling life.

For more information about accessing Arundel Lodge's Veterans Wellness Program services contact:

Samantha Russo, OMHC Office Manager (443) 433-5900 x5978
Valerie Coyner, OMHC Assistant Office Manager (443) 433-5900 x5933

Kiera Douglas, Supported Employment Program Manager,
kdouglas@arundellodge.org (443) 433-5900 x5924
<https://www.arundellodge.org/why-evidence-based-supported-employment-matters/>



thanks
&
giving

While the pandemic has posed significant challenges, the Arundel Lodge family - staff, clients, volunteers, and supporters - persevered throughout to meet the needs of the community we serve.

We are grateful and give thanks for:

- the ALI staff and volunteers for their creativity and innovation during this challenging time.
- the generosity of donors and sponsors who have supported the continuance of services through the pandemic.

Most of all, we are grateful for the resilience of our clients and their families as they continue on their recovery journeys!

Arundel Lodge's First Virtual Gala and Auction!



On Saturday, October 10, 2020, *World Mental Health Day*, Arundel Lodge (ALI) held its first virtual gala!

Mary Henry, ALI's Development and

Marketing Director, welcomed guests and supporters (above left) who joined us via Zoom for a virtual trip to 'Paradise'! They were treated to live entertainment and had the chance to enjoy bidding on fabulous auction items from the comfort of their living rooms!

Whether we gather in person or join together virtually, our goal is to raise awareness, eliminate stigma, and make a difference in our community.

Donors, sponsors, and guests raised more than \$86,000 to help Arundel Lodge serve the most vulnerable members of our community. The funds will allow us to continue providing life-saving treatment to all community members who are working to overcome mental health and substance use disorders. Without this help, many could not otherwise afford these critical services.

If you could not join us via Zoom - or if you did and would simply like to enjoy the experience again - [click here to view the video!](#)

Join the Arundel Lodge family in extending our sincere

appreciation and gratitude to all of the [2020 Event Sponsors](#) for making our first virtual gala possible!

Hope Re-Imagined! 2020 Virtual Gala Highlights



**Michael Drummond,
Executive Director, ALI**

“We cannot do this alone! The support of our community is integral to our success. And that is why events like this exist...If someone...can approach recovery, start to heal, and reimagine their life and begin again – we want to help!”



**Kayla Schadegg,
Mrs. Maryland America 2019**

“As someone with generalized anxiety disorder myself, I can personally attest to feeling that extra strain on my mental health...you’re not alone!”



**Archbishop Carroll High
School's Mixed Chorus**

Performed *"You Are Not Alone"*



M.S.J.

Performed *'Natural Woman'*, *'In the Still of the Night'* and *'Electric Slide'*



Jody and Nick Lacey*

“Schizophrenia robs people of their personhood...The [ALI] art gallery [participates in art shows throughout the region]...where our son [an artist] has sold a lot of his paintings.”

*Nick Lacey served as the 2019 President of the Board of Directors. Jody Lacey is an active member of the events committee.



**Michael Todd
Program Manager,
Arundel Lodge**

Shared about two programs “near and dear to [his] heart” – the ALI Supported Employment Program and the Residential Program - and the extraordinary teams that support them.

Thank You to Our Volunteers!



volunteers who have tirelessly given their time and talent throughout the year!

In fact, the multimedia slide show was created and produced by a member of our volunteer family, **Mike Dooley**.

We are also grateful to ALI volunteer **Tom Shock** (pictured right) for uploading the [full video](#) of the *2020 Hope Re-Imagined Virtual Gala* to ALI's website for all to enjoy! Throughout the year, Tom has supported the ALI community by

During the *2020 Hope Re-Imagined Virtual Gala*, Deb Wienhold, ALI Volunteer Coordinator, (pictured left) introduced a multimedia slide show highlighting the work of the committed corps of

providing the technical expertise critical to keeping the ALI website current.

To all of those who enjoyed bidding on auction items, please join us in acknowledging the contributions of ALI volunteer **Dee Davis**. She invested the time to learn a new technology platform that made the online auction possible!

The Arundel Lodge community is indebted to all of our volunteers! Because of their talent, expertise, and passionate commitment, we are better equipped and empowered to achieve ALI's mission:

"Improving the lives of children, adults and families impacted by mental health and substance use disorders."



Donate

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